



PE Long Term Overview

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Intro to PE 1 and 2	(PPA JJ) Dance	Fundamentals	(PPA JJ) Dance	SWIMMING	(PPA JJ) Dance	
	Ball Skills 1	Fundamentals	(PPA DL) Invasion	Fundamentals	(PPA DL) Tag Rugby (3/4)	Hockey (5/6)	(PPA DL) Tag Rugby (5/6)
Autumn 2	Dance 1	Ball Skills	(PPA JJ) Dance	Ball Skills (3/4)	(PPA JJ) Dance	SWIMMING	(PPA JJ) Dance
	Ball Skills 2	(PPA DL) Invasion	Ball Skills	(PPA DL) Football (3/4)	Hockey (3/4)	(PPA DL) Football (5/6)	
Spring 1	Gym 1	(PPA JJ) Gymnastics	Sending & Receiving	(PPA JJ) Gymnastics	Handball (3/4)	(PPA JJ) Gymnastics	
	Games 1	Fitness	(PPA DL) Team Building	SWIMMING	(PPA DL) OAA Y4	Handball (5/6)	(PPA DL) OAA
Spring 2	Gym 2	Sending & Receiving	(PPA JJ) Gymnastics	Basketball (3/4)	(PPA JJ) Gymnastics	Basketball (5/6)	(PPA JJ) Gymnastics
	Games 2	(PPA DL) Team Building	Fitness	(PPA DL) Tennis	Netball (3/4)	(PPA DL) Tennis	
Summer 1	Dance 2	(PPA JJ) Athletics	Target Games	(PPA JJ) Athletics	Fitness (3/4)	(PPA JJ) Athletics	
	Fundamentals 1	Net and Wall	(PPA - DL) Striking & Fielding	OAA (3/4)	(PPA - DL) Cricket (3/4)	Fitness (5/6)	(PPA - DL) Cricket (5/6)
Summer 2	Fundamentals 2	Target Games	(PPA JJ) Athletics	Dodgeball (3/4)	(PPA JJ) Athletics	Dodgeball (5/6)	(PPA JJ) Athletics
	Sports Day Practise	(PPA - DL) Striking & Fielding	Net and Wall	(PPA - DL) Rounders (3/4)	Tennis	(PPA - DL) Rounders (5/6)	SWIMMING
							Netball (5/6)